



# SPRING SCHEDULE

**UPDATED  
3/24/10**

Above Marathon Bike • 104 E. Maple Street, 3rd Floor • Fayetteville

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<i>Erin Larsen</i> 7:00-9 <i>Mysore Style</i> <i>Ashtanga</i>		<i>Erin Larsen</i> 7:00-9 <i>Mysore Style</i> <i>Ashtanga</i>	
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<i>Sue Plumley</i> 1:30-2:30 <i>Healing Yoga</i> (E)						
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	<i>Kara Ware</i> 5:30-6:30 <i>Fundamental</i> <i>Yoga (B)</i>	<i>Yves Corbiere</i> 5:30-7 <i>Gentle Yoga</i> (B)	<i>Randy Boyd</i> 5:30-7 <i>Anusara</i> <i>Yoga (I)</i>	<i>Sue Plumley</i> 6-7 <i>Gentle Yoga</i> (B, I)		
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	<i>Kara Ware</i> 6:30-8 <i>Flow Yoga (I)</i>	<i>Erin Larsen</i> 7-8:00 <i>Flow Yoga (I)</i>				

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